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1	United Way of San Diego: San Diego COVID-19 Community Response Fund	Financial Assistance	Support for utilities and rent/mortgage payments	Low-wage workers who need support for a limited but undetermined length of time	Low-wage workers who have experienced job loss or a reduction in pay since March 1, 2020 as a result of COVID-19, and seek assistance with paying their utility bill or rent/mortgage, are eligible to apply.	https://www.surveymonkey.com/r/WAlappenglish , https://www.surveymonkey.com/r/WAlappspanish
2	Armed Service YMCA	Basic needs, education, mental health	Food distributions, counseling via telehealth, online programing (Operation Little Learners, Afterschool Achievement Academt, etc)	Military families	https://www.asymca.org/san-diego-home	https://www.facebook.com/ASYSandiego/
3	Courage to Call	Any free or low cost resource in San Diego county that helps provide better overall mental wellness.	Resource referrals for basic needs, food, clothing short term counseling, housing, employment, VA benefits, case mgmt, individualized family support.	Serving active duty, veterans, reservists, guardsmen, and their families	Serving active duty, veterans, reservists, guardsmen, and their families	24/7 Peer line at 1-877-698-7838 or email couragetocall@mhsinc.org Website: https://www.courage2call.org/
4	EFMP Miramar	Mental Health	TELEWORK- Program support via phone calls and emails as usual. Soon going live with virtual trainings via Facebook and Zoom	Marine families with mental health, education, and medical Special Needs	Marine families with mental health, education, and medical Special Needs	858-307-4668; DSN to Outreach Specialist 858-307-4588
5	Fleet & Family Support Center	Resource referral, clinical counseling, transition assistance, financial assistance, relocation, family member employment, EFMP, SAPR	Currently offering services and support over the phone and email.	Navy families	Navy Families and also support other branches of service	866-923-6478 www.facebook.com/FFSCSD www.navylifesw.com/sandiego/families/ffsc
6	San Diego For Every Child San Diego COVID Children's Fund in partnership with YMCA Childcare Resource Center	Childcare Resources and Grants for Licences childcare providers.	Grants available for eligible families to support the cost of: child care services, food, and diapers. Grants available for licensed child care providers to support the cost of: food, cleaning supplies, utility bills, and wages to keep child care business open.	Families and licensed child care providers in San Diego County who received an invitation to participate in this grant due to the recent COVID-19 outbreak. Not sure how one gets an invitation but the application is in the link to the right.	Families with low to no income and/or essential workers who lost their child care services and/or need extended child care hours. Licensed child care providers who need assistance to remain open and provide a healthy environment for children.	https://www.surveymonkey.com/r/SDChildrensFund
7	Covered CA	Health Insurance	Due to the current public health crisis, Covered CA has extended a special enrollment period through the end of June.	Uninsured	CA resident, low-income	https://www.coveredca.com/apply/

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8	San Diego 211	Health Care	List of public health nurses for different providers in the County. Uninsured individuals should call 211 for healthcare advice and treatment	SD County residents, Uninsured	Resident of SD County	https://my211.force.com/s/search#keyword=Public%20Health%20Nurse%20Line&sortBy=relevancy&targetpop=a1p3h000000L45nAAC
9	Penfed Foundation	Emergency Financial Assistance	The PenFed Foundation COVID-19 Emergency Financial Relief Program was created to provide financial assistance to those who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic.	all Veterans, active military service members and those currently serving in the Reserves and the National Guard	The grant amount will support 1 month of payment up to \$1500 in the following areas: -Rent -Mortgage -Auto Loan/Lease -Utilities (Electric, Water, Heat)	https://apply.penfedfoundation.org/prog/covid-19_emergency_financial_assistance_relief_/?fbclid=IwAR2zWL6ckOGNepwhChCwEYlwgv9nflLt5it94caXqW7a1bwvGQ5z1JHsGI
10	SD Rescue Mission Inc.	Nueva Vida Haven Emergency Shelter for Women and Children (Homeless Single moms with kids)				619-819-1844
11	Live Well San Diego	Wellness while at home	Livewell@Home helps community residents find tips and strategies to stay healthy in both mind and body while staying at home. Resources and activities are organized by age group.	SD County Residents	Open	https://www.livewellsd.org/content/livewell/home/live-well-every-day/LiveWellatHome.html
12	SD Rescue Mission Inc.	Housing	Nueva Vida Haven Emergency Shelter for Women and Children (Homeless Single moms with kids)	Homeless women and children		619-819-1844
13	Regional Task Force on the Homeless	Housing	Family Health Center's Housing Navigation Center (according to 211, they are still taking appointments)	Homeless		619-906-5320
14	SDGE	Utilities	temporarily suspend service disconnections call its Customer Contact Center at 1-800-411-7343 to make payment arrangements.	San Diego Residents		http://www.sdgenews.com/article/sdge-suspends-service-disconnections-nonpayment-part-its-coronavirus-response
15	SD Immigrant Rights Consortium	Financial Assistance	Monetary support specifically for immigrants who are ineligible for other state or federal benefits	Immigrants	Immigrants, loss of income due to pandemic, preference for undocumented residents	https://www.immigrantsandiego.org/sdirc_immigrant_relief_fund?utm_campaign=sdirc_immigrantfundpr_032720&utm_medium=email&utm_source=alliancesd
16	Employment Development Department	Financial Assistance	Representatives are available at the following toll-free numbers, Monday through Friday between 8 a.m. to 12 noon (Pacific Time) except state holidays. You can file your claim with UI Online during the times listed below: Monday 4 a.m. – 10 p.m. Tuesday - Friday 2 a.m. – 10 p.m. Saturday 2 a.m. – 8 p.m. Sunday 5 a.m. – 8:30 p.m.	Workers	Loss of income or hours do to pandemic	https://www.edd.ca.gov/Unemployment/UI_Online.htm

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17	SD Food Bank	Food	Food distribution sites - change per week, Families must DRIVE (no walk-ups allowed) 1 Car = 1 Family	Low-income families and individuals	Income requirements listed on website	https://sandiegofoodbank.org/gethelp/
18	Food Finder	Food	List of free food assistance programs based on location			https://foodfinder.us/
19	SD County of Ed	Food	Grab n Go Lunches for anyone under 18	Youth	Under 18 years old	https://www.sdcoe.net/news/Pages/20-03-13-student-food-service-during-district-closures.aspx
20	SD County of Ed	Food	ALL School-food distribution sites-beyond SDUSD (in case families live closer to another site)	Youth	Under 18 years old	https://www.sdcoe.net/news/Pages/20-03-13-student-food-service-during-district-closures.aspx
21	Neighborhood House Association	Food	Food distribution sites for families with kids in head start and for Seniors in their programs	Families and Seniors	Head Start participants or Senior Program participants	http://www.neighborhoodhouse.org/special-head-start-senior-food-distribution-covid-19-closures/#sthash.SkGtmmlL.4OGFrZd2.dpbs
22	Feeding San Diego	Food	Google Maps extension: enter zip code to filter all mobile pantries/agency locations with food available			https://www.google.com/maps/d/viewer?mid=1iQEWWvWD55jLCZPFDATvZnomaYl&ll=33.051336134514635%2C-117.04855617910164&z=9
23	Catholic Charities	Food	Emergency Food Distribution Network with deliveries and many pick up locations available.	San Diego residents	Low income, residents of specific zipcodes	https://www.ccdsd.org/efdn
24	SPECTRUM	Internet	Free wifi for 2 months for first-time Spectrum users (ONLY serves central SD)	Central San Diego	Central San Diego residents	844-895-4733
25	Comcast	Internet	Free wifi for 2 months if considered low income, must be in service area		live in service area	https://www.internetessentials.com/covid19
26	Cox	Internet	Free wifi for 2 months, new customers only. Free remote desktop and phone support		Must live in service area. Check here: https://www.cox.com/residential-shop/wis/order-cox-services.cox	https://www.cox.com/residential/internet/connect2compete/covid-19-response.html
27	AT&T	Internet	Free wifi for 2 months, new customers only. Order by April 30th			https://www.att.com/shop/internet/access/index.html?source=ECmj00000000mbU&wtExtndSource=access#/#%2F
28	SD County	Loans and Financial Assistance	Economic Assistance for Small San Diego Businesses Affected by COVID-19	Small Businesses	Listed on link	https://www.sandiego.gov/economic-development/resources/relief

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29	Diaper Bank	Diapers	List of organizations and sites where diapers are distributed	Families, mothers	Varies depending on site	https://sandiegofoodbank.org/programs/diaper-bank-program/
30	Computer 2Kids	Computers	Youth and families can apply for laptops and desktop computers	Youth and Families	income requirements	https://docs.google.com/forms/d/1lkrGLNw-txUkDYyoTA7zds1NamlBPcuLgD0VOj1hbqg/viewform?edit_requested=true
31	Scholastic-Learn from Home	Education	Online classroom and educational resources for students Prek-12 grad	Students	n/a	https://classroommagazines.scholastic.com/support/learnathome.html
32	City Heights Business Association	Loans and Financial Assistance	Small Business Relief Fund (SBRF) to provide grants and forgivable or low- to zero-interest-rate loans to eligible small businesses for working capital.	Small Businesses	Listed on link	https://www.sandiego.gov/form/small-business-relief-fund-application
33	Legal Aid Society	Legal	Support with various legal matters, including evictions, housing discrimination, and others	Varied	Varies depending on service	https://www.lasds.org/get-help
34	SD Human Society	Pet Food	Free Pet food in SD: 5500 Gaines St. 10AM - 4PM (dog food, cat food, cat litter, pet reats, pet beds **while supplies last**	Pets		
35	Care for Your Mental Health - HHSA	Mental Health	Resources and tips for how to ensure mental wellness during the Covid-19 pandemic	SD County residents		https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/covid19_resources.html
36	Access and Crisis Line	Health care, Covid-19 info	Resources and information regarding health crisis and where to get care	SD County residents		1-888-724-7240, coronavirus-sd.com
37	SAMHSA's Disaster Distress Line	Mental and Emotional Health	Helpline for those affected by disaster, whether it's natural or man-made			1-800-985-5990 or text TalkWithUS to 66746
38	SCOED	Internet	List of companies and organizations that offer low-cost internet plans or hotspot devices		Varies depending on company	https://covid-19.sdcoe.net/Distance-Learning/Connectivity-Resources?fbclid=IwAR0LlzG_5UPK5awAbNxcJkTV2ZtUNSn38YliTLy bVHYtT9aH3wn-mloEf3M
39	Community Law Project	Legal	Providing legal assistance for: domestic violence protection, loss/reduction of employment, access to public benefits, emergency immigration issues, emergency housing, housing access issues. (Email preferred BUT client can also call and leave contact info.			CLP@cwsf.edu 619-780-7498

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40	Kitchens for Good	Food	Grab and Go Frozen Meals and Fresh Produce Monday, Wednesday, Friday, from 9am-12pm at Jacob's Center 404 Euclid Avenue San Diego, CA 92114, drive through and pick up, bring own bag	communtiy memers and alumni		https://kitchensforgood.org/wp-content/uploads/Free-Meal-Distribution-1.png
41	Legal Aid at Work	Financial Assistance	Many resources that provide financial assistance to undocumented workers. This includes restaurant workers, farm workers, bartenders, domestic workers, day laborers, undocumented scholars, elders and others	Undocumented	Varies depending on funding source	https://legalaidatwork.org/blog/relief-funds/
42	Birth Line of San Diego	Basic Needs (Food, Clothing, Diapers, refferals)	Provides free supplies such as pregnancy tests, diapers, food baby gift bags, maternity clothes, clothing for babies and children, formula, and referrals to county services, legal, dv, housing, etc.	Families with Children		https://birthlineofsandiego.org/
43	San Diego Housing Commission	Legal, Housing	see link for legal document to fill out. If unable to pay rent due to COVID 19 hardships, tenants should give a hard copy to the landlorn, attach documentation regarding hardship due to COVID 19, in order to be potected under the "eviction memorandum".	All	NA	https://www.sdhc.org/evictionban/
44	Sea World	Education	resources available to help families virtually explore the wild world of animals and nature.	Parents w/Kids at Home		https://x.m.seaworld.com/ats/msg.aspx?sg1=b5ba15b43b4a883b91129b7b43edb412
45	PANA	COVID-19 education, financial assistance		Refugee and Immigrants		https://www.panasd.org/pageco
46	Lakeshore Learning	Education	free online childrens' activities	Parents w/Kids at Home	N/A	https://www.lakeshorelearning.com/resources/free-resources?ref=hpH2
47	SDUSD	Chromebooks	free Chromebook rentals	TK-12 grade studnet	student in SDUSD	https://sites.google.com/sandi.net/covid19/chromebook-pickup-sites
48	One Fair Wage	Financial Assistance	Financial Assistance for workers who have been affected by Covid-19	Tipped and Service Workers	Tipped or service worker affected by Covid-19. This includes but is not limited to restaurant, delivery, and personal service workers. Includes undocumented workers.	https://ofwemergencyfund.org/help

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49	We All We Got San Diego	Food and Donated Supplies	Delivering food and other supplies to the homes of San Diego County residents in need	Priority is given to the sick, disabled, quarantined without pay, elderly, undocumented, queer, black, indigenous, and people of color	Resident of San Diego County	English: https://docs.google.com/forms/d/e/1FAIpQLScQqNz8d1bVInHbRwG9zxCaDaUGUAN9BQuLOFBfOWQD8UzdQ/viewform?fbclid=IwAR2_X6pD9o0K5kPuwkXd4NIM28A24sS_1zLrXZAuk6PtJJBXvXzUQPuEoxs Spanish: https://docs.google.com/forms/d/e/1FAIpQLScaC8u9XeQpCNOsSped2dgKxXRoyr7nFvAHtZmVEGqxDS0MA/viewform
50	San Diego Domestic Violence Council	Resources for Victims of Domestic Violence	Various resources for those affected by domestic violence and their families	Domestic Violence Victims	Eligibility varies depending on resources, but priority is given to those affected by domestic violence	https://drive.google.com/file/d/1_gQcLGPrXSDoHiPftpkWu4u45FnT_-y/view?ts=5e8e4495
51	San Diego Volunteer Lawyer Program	Legal	Legal resources related to Domestic Violence, Civil Harassment, Elder Abuse restraining orders	Victims of Domestic Violence, Civil Harassment, Elder Abuse	Residents of Central, North, and South SD County.	English: 619-235-5656 x.118 Spanish: 619-235-5656 x. 102 Monday-Friday: 8:30-12:30 and 1:30-5:00
52	San Diego Volunteer Lawyer Program	Legal	Legal resources related to Domestic Violence, Civil Harassment, Elder Abuse restraining orders	Victims of Domestic Violence, Civil Harassment, Elder Abuse	Residents of East County.	English and Spanish: 619-235-5656 x.122 Monday 8:30-5:00, Tuesday 8:30-5:00, Wednesday 8:30-12 pm
53	San Diego Volunteer Lawyer Program	Legal	Legal resources and support related to family law issues, ie. custody, parentage, divorce, child support	Parents and Families	San Diego County Residents	Apply online: http://www.sdvlp.org/get-help/family-law/ OR Call (619) 235-5656 x. 124
54	CARE Center (12 N. Euclid Ave. National City, CA)	Food	Food for clients and families in need receiving services from nonprofits.	Families, homeless individuals, and clients of nonprofits	San Diego County Residents	Email Grace Liu grace.liu@sdcca.org to set up a time to pick up food. Include name of organization serving client, number of individuals in need, whether they are homeless, and a time they can pick up food Monday through Friday between 9 am and noon. They will be instructed to drive to the back parking lot at the CARE Center (on Division) and food will be dropped into their car.

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	HHS BHS	Emotional Health	Emotional health resources, including links to a variety of existing phone-based resources for Californians feeling the emotional stress of COVID-19. The site features the National Suicide Hotline, and links to county behavioral health phone lines.	Families	San Diego County Residents	https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/COVID19/2020-04-13%20-%20BHS%20Provider%20Memo%20-%20COVID-19%20Mental%20Health%20Resources.pdf	
	SD County of Ed	Mental Health	Providing support for teens in emotional crisis. Access lines consist of phone calls, texting, and App services.	Teens	Teens		