



El Cajon Family Medical Center
4551 El Cajon Blvd.
(619) 280-7185
Aetna, CHG

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Ibarra Family Health Center
4874 Polk Ave.
(619) 515-2426
Aetna, Care1st, CHG, Molina, United

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El Cajon Medical Clinic
3811 El Cajon Blvd.
(619) 284-5622
Care1st, CHG, Health Net, Molina

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La Maestra—Hope Clinic
4171 Fairmount Ave.
(619) 269-1269
Aetna, Care1st, CHG, Molina, United

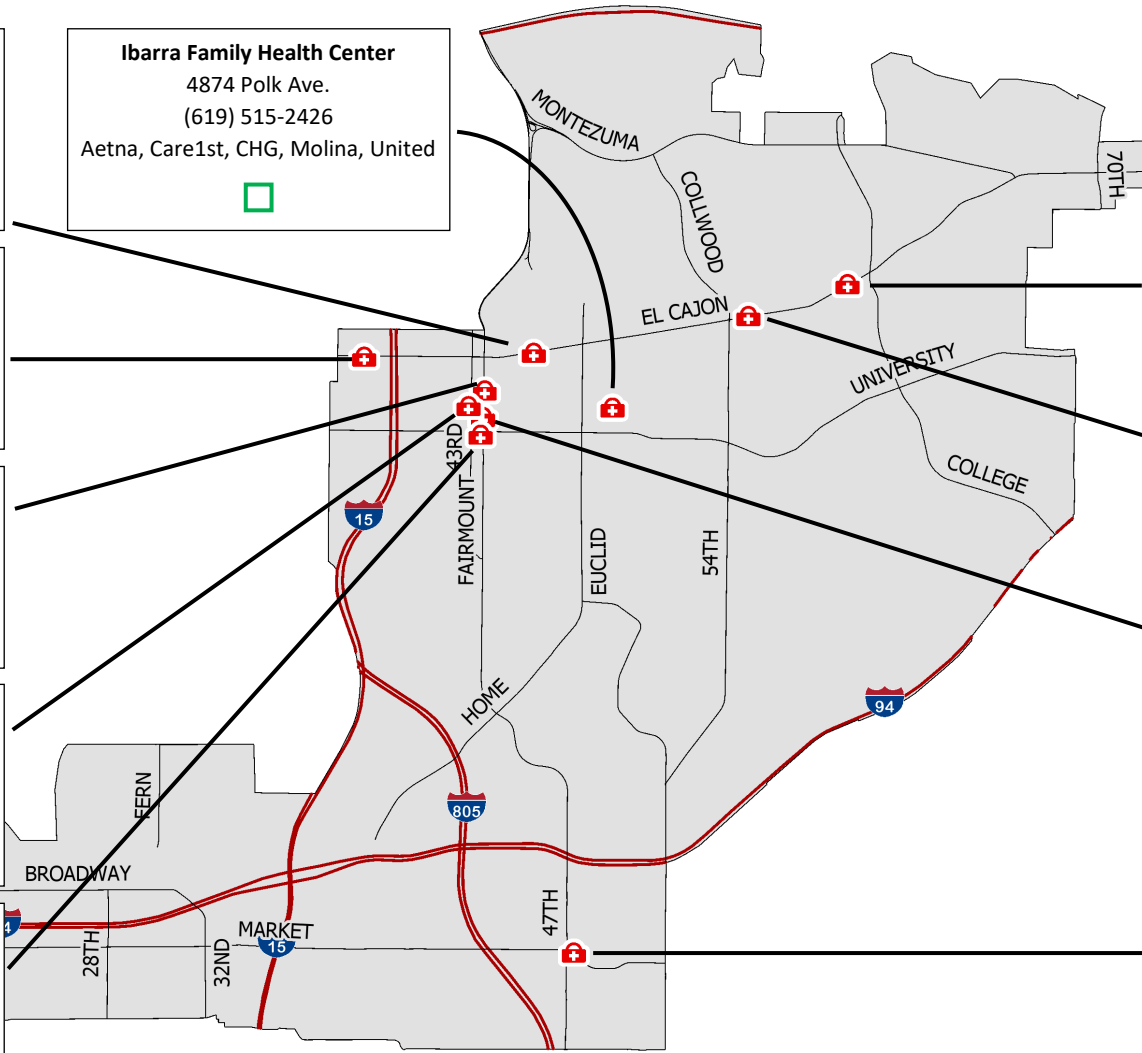
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San Diego Family Care (Adults)
4290 Polk Ave.
(619) 563-0250
Care1st, CHG, Molina

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La Maestra Health Center
4060 Fairmount Ave.
(619) 779-7900
Aetna, Care1st, CHG, Molina, United

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Alliance Health Clinic
5952 El Cajon Blvd.
(619) 229-8030
Aetna, CHG, Molina

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City Heights Family Health Center
5454 El Cajon Blvd
(619) 515-2400
Aetna, Care1st, CHG, Molina, United

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San Diego Family Care (Pediatrics)
4305 University Ave. #150
(619) 280-2058
Care1st, CHG, Molina, United

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**Family Health Center
Diamond Neighborhoods**
4725 Market Street
(619) 515-2560
Aetna, Care1st, CHG, Molina, United

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- Arabic
- Karen
- Mandarin
- Spanish
- Vietnamese
- Burmese
- Language Line
- Portuguese
- Swahili
- French
- Lao
- Somali
- Tagalog

	Aetna Better Health of California 855-772-9076 (TTY 711)	Care1st 1-800-605-2556	Community Health Group 1-800-224-7766	Health Net 1-800-675-6110	Molina 1-888-665-4621	United Healthcare 1-866-270-5785
Language Interpreter Services at Doctor Visit	✓ Request interpretation services by calling 855-772-9076. State your language when the representative is on the line.	✓ Request interpretation services by calling 1-800-605-2556. Press 8 and then press 1. Schedule 1 week in advance.	✓ Request interpretation services by calling 1-800-224-7766. Say your language when the representative comes on the phone. Schedule 2 days in advance	✓ Request interpretation services by calling 1-800-675-6110. Press 1, press 1 again, and then press 5. Schedule 3 days in advance.	✓ Connect to a phone interpreter at the doctor's office. Call, press 2, press 2 again, press 0.	✓ Request interpretation services by calling 1-866-270-5785. Schedule 3 business days in advance.
Transportation to Doctor Visit/Clinic	✓ Request transportation by calling 855-772-9076 at least 2 business days in advance.	✓ Request transportation by calling 1-877-433-2178 at least 24 hours in advance.	✓ Request transportation by calling 1-800-224-7766 at 1 week in advance.	✓ Request transportation by calling 1-866-779-5168 at least 24 hours in advance.	✓ Request transportation by calling 1-844-292-2688 at least 3 business days in advance.	✓ Request transportation by calling 1-844-772-6623 at least 3 business days in advance.
Free Pharmacy for Medi-Cal Approved Drugs*	✓	✓	✓	✓	✓	✓
Free Doctor Visit	✓	✓	✓	✓	✓	✓
Vision Exam	Vision Service Plan 855-772-9076	March Vision 1-888-493-4070	Vision Service Plan 1-800-877-7195	Vision Service Plan 1-800-877-7195	March Vision 1-888-493-4070	March Vision 1-844-336-2724
Mental Health Services	Mild to Moderate Conditions 855-772-9076	Mild to Moderate Conditions 855-321-2211	Mild to Moderate Conditions 800-404-3332	Mild to Moderate Conditions 888-426-0030	Mild to Moderate Conditions 888-665-4621	Mild to Moderate Conditions 1-866-270-5785
Dental Exam	Denti-Cal 1-800-322-6348	Denti-Cal 1-800-322-6348	Denti-Cal 1-800-322-6348	Denti-Cal 1-800-322-6348	Denti-Cal 1-800-322-6348	Denti-Cal 1-800-322-6348

* Free medications and dosage are listed at <http://www.dhcs.ca.gov/services/Pages/ff.html>

* In a medical emergency, dial 9-1-1.

For any questions call 2-1-1 San Diego: Dial 2-1-1, Press "3" when the call is answered. Say your language to talk to a specialist who will refer you to Community and Health Services. For further assistance to register for a medical plan in person, visit a Certified Medi-Cal Enrollment agency in your community. The list of agencies is available on the following website: <https://v.calheers.ca.gov/hix/entity/locateassister/searchentities>